

BellaVie STRESS



Contains 10 strains of probiotics, prebiotic, Vit. B6 & B9, useful for the cognitive development and it contributes to the proper functioning of the nervous system.



The gut-brain axis is the biochemical pathway taking place between the gastrointestinal tract (GI tract) and the central nervous system (CNS).



Vitamin B6 and B9 contribute to the balance of the intestinal flora and the proper functioning of the nervous system in stressful situations.



10 billions CFU per cap.



Gastro resistant caps.



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CODE BEL - 06 - (30 CAPS/BOX - 1 CAP/DAY)
CODE BEL - 16 - (15 CAPS/BOX - 1 CAP/DAY)

BRO - 06/WO/REV - 01

bellavie

SYNBIOCEUTICAL®

BellaVie STRESS

PROBIOTICS, PREBIOTIC AND NUTRACEUTICALS contribute to maintain the normal function of the neurological system.



NEVER LET YOUR STRESS RUIN YOUR LIFE

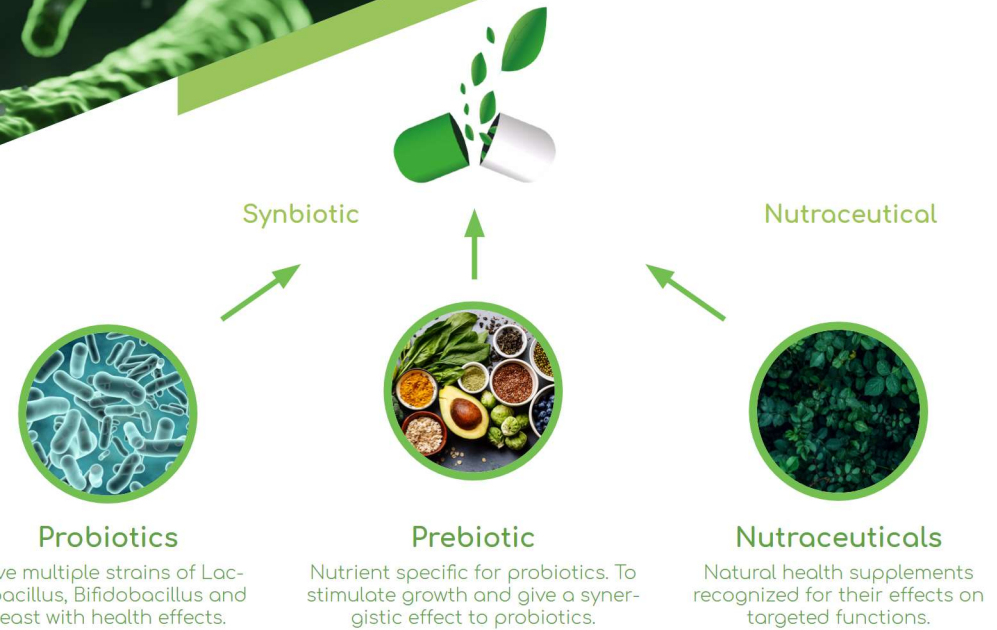
INTRODUCTION

BellaVie Stress is a broad-spectrum, high-CFU, multispecies probiotic supplement containing 10 probiotics microbial species, prebiotic and health supplements, each selected for well-documented supportive health benefits.

- Probiotics : to increase brain gut axis.
- Prebiotic : natural source of carbohydrates for more effective probiotics.
- Vitamins B6 & B9 to maintain the normal function of the neurological system.

HOW IT WORKS ?

- **Role of Probiotics :** Management of stress, anxiety : Bacteria within the gut influence brain neurochemistry and behaviour. Improvement of the depression state : Probiotics significantly decreased the depression scale score.
- **Mood disorders :** Prebiotics increase the expression of BDNF. Probiotics can reduce proinflammatory cytokines and oxidative stress in human. Relieve depression and anxiety. Probiotics as antidepressants : L. helveticus and B. longum significantly reduced psychological distress.
- **Role of Vitamins B6 & B9 :** B6 : essential for the for the production of various neuromediators or hormones: serotonin, dopamine, adrenaline, norepinephrine. B9 : a vital role in the production of genetic material (DNA, RNA).



Probiotics
 Alive multiple strains of Lactobacillus, Bifidobacillus and yeast with health effects.

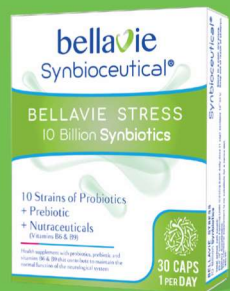
Prebiotic
 Nutrient specific for probiotics. To stimulate growth and give a synergistic effect to probiotics.

Nutraceuticals
 Natural health supplements recognized for their effects on targeted functions.

SYNBIOCEUTICAL®

- **Probiotics :**
 - Bacillus Coagulans
 - Bifidobacterium Breve
 - Bifidobacterium Infantis
 - Bifidobacterium Longum
 - Lactobacillus Casei
 - Lactobacillus Helveticus
 - Lactobacillus Paracasei
 - Lactobacillus Plantarum
 - Lactobacillus Rhamnosus
 - Lactobacillus Salivarius
- **Prebiotic :**
 - Inuline from chicory
- **Nutraceuticals :**
 - Vitamin B6 (30% NRV)*
 - Vitamin B9 (30% NRV)*

*NRV : Nutrient reference value



References: Halaris A, Leonard BE, Mod Trends Pharmacopsychiatry. Basel, Karger, 2013, vol 28, pp 90-99 - Huang et al., Nutrients 2016, 8, 483 - Liu and Zhu, Front Psychiatry, 2018; 9: 223 - Wallace & Milev, Ann Gen Psychiatry. 2017; 16: 14. - McKean et al., JACM, Vol X, Number X, 2016, pp. 1-10 - Hemarajata & Versalovic, Ther Adv Gastroenterol, (2013) 6(1) 39-51 - Bravo et al., PNAS September 20, 2011 108 (38) 16050-16055 - Scott et al., Mod Trends Pharmacopsychiatry, 2013, vol 28, pp 90-99

